

Resources

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Click on the link to access the contents page. Scroll down and click on the heading [The sacraments of Christian initiation](#). Then scroll down to read the questions and answers on the Sacrament of the Eucharist.

[American Catholic](#)

This website provides access to articles on the sacrament as well as questions and answers related to the Eucharist. [EWTN](#)

This link offers information and answers questions on the Holy Eucharist. [Catholic Answers](#)

A link to an article on The Institution of the Mass. [Church Documents on the Eucharist](#) [Mysterium Fidei](#)

An Encyclical letter of Pope Paul VI, promulgated on 3 September 1965. It is a teaching of faith on worship of the Holy Eucharist. [Ecclesia de Eucharistia](#)

An Encyclical letter of Pope John Paul II dated 17 April 2003. It addresses the centrality of the Eucharist to the life of the Church. [Mane Nobiscum Domine](#)

An Apostolic Letter of Pope John Paul II to mark the Year of the Eucharist which ran from October 2004 to October 2005. [Redemptionis Sacramentum](#)

An Instruction published on 23 April 2004 by the Congregation for Divine Worship and Discipline of the Sacraments. It has as its subject matter, [On certain matters to be observed or to be avoided regarding the Most Holy Eucharist](#).