

HOLY EUCHARIST

“I am the living bread that came down from heaven; if any one eats of this bread, he will live for ever; the one who eats my flesh and drinks my blood has eternal life and abides in me, and I in him.” (John 6:51, 54, 56)

Welcome to the category on the Eucharist. Select from the menu to read the Introduction, Holy Mass, Adoration and Resources articles on this sacrament.