

## Prayer to Jesus Crucified

My good and dear Jesus,  
I kneel before You,  
asking You most earnestly  
to engrave upon my heart  
a deep and lively faith, hope and charity,  
with true repentance for my sins,  
and a firm resolve to make amends.  
As I reflect upon Your five wounds,  
and dwell upon them with deep compassion and grief,  
I recall, good Jesus,  
the words the prophet David spoke  
long ago concerning Yourself:  
they have pierced my hands and my feet,  
they have counted all my bones.